

CACHE COUNTY GENERAL RESOURCE LIST 2021-2022



Emergencies (24 Hours)

Life Threatening	9-1-1
Bear River Mental Health (suicide prevention)	435-752-0750
After-hours Crisis Line	435-757-3240
Crisis/Suicide Prevention Line (Huntsman Mental Health)	801-587-3000
National Suicide Prevention Lifeline	800-273-TALK (8255)
Utah Poison Control	800-222-1222
Utah Human Trafficking Tip Line (Utah Attorney General Strike Force)	801-200-3443

Adult & Child Abuse/Neglect

Adult Protective Services (APS) (Reporting)	800-371-7897
Logan	435-787-3425
Cache County Children's Justice Center	435-755-1800
Division of Child and Family Services (Logan)	435-787-3400
Child Abuse/Neglect Hotline (Reporting)	855-323-3237
The Family Place	435-752-8880
Guardian Ad Litem/Court Appointed Special Advocate (CASA)	435-713-6637

Child/Youth/Family Services

Bear River Head Start (0 - 5 years old)	435-787-8885
Boys and Girls Club - Logan	435-512-4171
Boy Scouts of America Crossroads of the West Council	801-479-5460
Cache Valley Youth Center (Detention Center)	435-713-6260
Care About Childcare (USU)	435-797-1552
Centro de la Familia - Providence	435-754-3730
Cache County Children's Justice Center	435-755-1800
The Family Place - Norma Miller (Hyrum)	435-752-8880
Girl Scouts of Utah-Northern Utah	801-265-8472
Help Me Grow (prenatal and developmental info)	801-691-5322
Juvenile Justice Services (Salt Lake)	801-538-4330
Literacy Clinic (K-6)	435-797-8629
Logan Family Center	435-755-5171
National Runaway Safeline	800-786-2929
School District	
Cache	435-752-3925
Logan City	435-755-2300
Up to 3 Early Intervention	435-797-3727
Whittier Community Center	435-753-9008

Domestic Violence/Rape/Sexual Assault

24-Hour Rape/Sexual Assault Crisis Line (Utah Coalition Against Sexual Assault)	888-421-1100
Cache County Victim Services (District Attorney)	435-755-1830
Citizens Against Physical and Sexual Abuse (CAPSA) (shelter)	435-753-2500
Domestic Violence Information Line	800-897-LINK (5465)
The Family Institute of Northern Utah (Counseling)	435-752-1976
Intermountain Specialized Abuse Treatment Center (ISAT)	800-303-9805
Utah Legal Services	800-662-4245
Utah State Office for Victims of Crime	800-621-7444
VINE (Victim Information & Notification Everyday)	877-884-8463

Employment/Job Training/Education

Bridgerland Technical College - Logan	435-753-6780
Logan West Campus	435-753-4708
Deseret Industries (DI) (Logan)	435-752-4511
Job Corps (youth)	800-733-5627
LDS Employment Resource Services (Logan)	435-752-7911
Utah Department of Workforce Services (DWS) (Logan)	435-792-0599
Utah Labor Commission	801-530-6800
Anti-discrimination and labor issues	801-530-6801
Utah State Division of Rehabilitation Services (Logan)	801-526-0950

Ethnic/Cultural Support

Alliance Community Services - Ogden	801-265-1111NAACP - Ogden
385-288-0940	
Refugee and Immigrant Center - Asian Association of Utah	801-467-6060
Utah Division of Indian Affairs	801-715-6702

Financial Counseling

American Credit Foundation	800-259-0601
Fair Credit Foundation	801-483-0999
Neighborhood Housing Solutions (homeowner/credit counseling)	435-753-1112
Utah Legal Services (Bankruptcy Hotline)	800-662-4245
Utah State University Extension Services - Cache	435-752-6263
Utah State University Family Life Center	
Housing and Financial Counseling Services	435-797-7224

Food Assistance Programs

Bear River Area Association on Aging (BRAG)	435-752-7242
Cache Community Food Pantry	435-753-7140
Cache County Senior Citizens Center (Logan)	435-755-1720
Home Delivered and Congregate Meals -Senior Citizens	435-755-1722
Mobile Food Pantry, Utah Food Bank	2-1-1
Utah Department of Workforce Services (DWS) (SNAP)	866-435-7414
WIC (Women, Infants & Children), Bear River Health Department	435-792-6500

Government & Emergency Services

Cache County Sheriff Area Dispatch (Non-emergency police & fire)	435-753-7555
Cache County	cachecounty.org
Clerk	435-755-1460
Fire	435-755-1670
Sheriff	435-755-1000
Treasurer	435-755-1500
Zoning	435-755-1640
Division of Motor Vehicles (DMV) (Vehicle Registration)	435-755-1610
Toll-free	800-DMV-UTAH (368-8824)
Hyde Park City	435-563-6507
Hyrum City	435-245-6033
Lewiston City	435-258-2141
Logan City	435-716-9000
Animal Control	435-753-7555
Business License Division	435-716-9230
Environmental Health	435-716-9755
Fire	435-716-9500
Mayor	435-716-9002
Parks & Recreation	435-716-9250
Planning and Zoning & Building Inspections Divisions	435-716-9021
Police (Administration)	435-716-9300
Mendon City	435-753-3449
Millville City	435-750-0924
Newton Town	435-563-9283
Nibley City	435-752-0431
North Logan City	435-752-1310
Paradise City	435-245-6737
Providence	435-752-9441
Richmond City	435-258-2092
River Heights	435-752-2646
Smithfield City	435-563-6226
United States Postal Service (USPS)	800-ASK-USPS (275-8777)
Utah Dept of Public Safety - Driver License Division	801-965-4437

Health Care/Hospitals/Clinics

Bear Lake Community Health Center	
North Logan	435-755-6061
Bear River Health Department	435-792-6500
24-Hour Public Health Emergency Line	877-716-8771
Cache Valley Hospital	435-713-9700
Logan Regional Hospital (IHC)	435-716-1000
Medicaid & CHIP	
Children's Health Insurance Program (CHIP)	877-KIDS-NOW
Medicaid Information Line	800-662-9651
Utah Department of Workforce Services (DWS) (Applications)	866-435-7414
Midtown Community Health Center (Logan)	435-752-7060
Planned Parenthood	800-230-7526
Primary Care Network (PCN) and Utah Premium Partnership for Health Insurance (UPP) (helps pay employer-provided insurance premiums)	
	888-222-2542
Utah Insurance Department	800-439-3805

Homeless Services

Homeless Veterans Fellowship (Ogden)	801-392-7662
Lantern House/St. Anne's Center (Ogden)	801-621-5036
Youth Futures - Ogden (12-18 year old)	801-528-1214

Household Items/Furniture/Clothing

Cache Valley Habitat ReStore (Habitat for Humanity)	435-752-2786
Deseret Industries (DI) (Logan)	435-752-4511
Somebody's Attic	435-752-8502

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Housing/Utilities

Bear River Association of Governments (BRAG)	435-752-7242
Bear River Regional Housing Authority	435-752-7242
Blue Stakes of Utah	8-1-1 or 800-662-4111
Cache HEAT Program (Home Energy Assistance Target) (Utilities)	435-713-1444
Dominion Energy	800-323-5517
Gas Leaks	800-767-1689
Habitat for Humanity of Cache Valley (low-income home builds)	435-752-8419
Hyrum City Power & Light	435-245-6033
Lifeline Program (former Utah Telephone Assistance Program)	800-234-9473
Logan City Utilities	435-716-9208
Rocky Mountain Power	888-221-7070
Outages/Emergencies	877-508-5088
Utah Department of Workforce Services (DWS)	866-435-7414

Legal Information/Consultation

Disability Law Center	800-662-9080
Division of Consumer Protection	800-721-SAFE (7233)
Utah Legal Services	800-662-4245
Pro Se Legal Clinic (Held at Cache County District court)	435-750-1300
Utah State Courts' Self Help Center	888-683-0009
Free legal clinic listings	utcourts.gov/howto/legalclinics

Libraries

Hyrum City	435-245-6411
Lewiston City	208-798-2525
Logan City	435-716-9123
Mendon City	435-774-2200
Newton City	435-563-9283
North Logan	435-755-7169
Cache County Library	435-752-7881
Richmond City	435-258-5525
Smithfield Public	435-563-3555
Utah State Library Program for the Blind and Disabled	800-662-5540

Mental Health / Counseling

Bear River Mental Health	435-752-0750
Bear River Clubhouse	435-753-9046
Child and Family Support Center of Cache (Parenting)	435-752-8880
Family Institute of Northern Utah (Logan)	435-752-1976
LDS Family Services - Logan	435-752-5302
Huntsman Mental Health	801-583-2500
USU Marriage & Family Therapy Clinic	435-797-7430
USU Psychology Community Clinic (Logan)	435-797-3401

Other Services

Better Business Bureau	800-456-3907
Box Elder Chamber of Commerce	435-723-3931
Bridgerland Literacy	435-750-3262
English Language Center of Cache Valley	435-750-6534
United Way of Cache Valley Volunteer Center	435-554-8631
USU Small Business Development Center	435-797-2277

People with Disabilities

Cache Employment and Training Center	435-752-7952
Center for Persons with Disabilities (CPD)	435-797-1981
Common Ground Outdoor Adventures	435-713-0288
CVTD Call-A-Ride (Cache Valley Transit District Call-A-Ride Paratransit Service)	435-792-3122
Stride Services	435-797-8528
Division of Services for People with Disabilities (DSPD)	877-568-0084
Options for Independence - Logan	435-753-5353
Relay Utah	7-1-1 or 866-772-8824
RISE Services - Logan	435-752-2405
Utah Assistive Technology Program - Logan	435-797-3824
Utah Parent Center and Autism Information Resources	800-468-1160
Utah State Division of Rehabilitation Services - Logan	435-792-0599

Pregnancy

<i>See also: Health Care/Hospitals/Clinics</i>	
Baby Your Baby Hotline	800-826-9662
Center for Pregnancy Choices	435-752-1222
Children's Service Society of Utah	800-839-7444
MotherToBaby (former Pregnancy Riskline)	800-822-BABY (2229)
Planned Parenthood (Logan)	800-230-7526

Senior Citizens

AARP	866-448-3616
Bear River Area Agency on Aging	435-752-7242
Cache County Senior Citizen Center (Logan)	435-755-1720
Hyrum Senior Center	435-245-3570
Options for Independence - Logan	435-753-5353
Special Needs Registry	2-1-1
Utah State Library for the Blind and Disabled	800-662-5540

Sexually Transmitted Diseases/AIDS Info

<i>See also: Health Care/Hospitals/Clinics</i>	
Bear River Health Department (STD/HIV/AIDS Education)	435-792-6500
People with AIDS Coalition of Utah	801-484-2205
Planned Parenthood Association of Utah -Logan	800-230-7526
Utah AIDS Foundation 801-487-2323	
Health Information Hotline	800-865-5004

Substance Abuse/Addiction

<i>See also: Mental Health / Counseling</i>	
Bear River Health Department Division of Substance Abuse	435-792-6420
24-Hour Public Health Emergency Line	435-881-0358
Family Institute of Northern Utah	435-752-1976
Intermountain Specialized Abuse Treatment Center (Detox) (SLC)	801-886-8900
Ogden Regional Medical Center's ACT Program (Detox)	801-479-2250
Tobacco Quit Line	800-784-8669

Support Groups

Call for details on various groups	2-1-1
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Transportation

Bear River Association of Governments (Medical Voucher Program)	435-752-7242
Cache County Senior Citizens Center	435-755-1720
CVTD (Cache Valley Transit District)	435-752-2877
Paratransit Service	435-753-2255
George E Wahlen Dept of Veterans Affairs Medical Center (Veteranos)	
Veteran's Van to SLC VA Hospital	800-613-4012
Options for Independence - Logan (persons with disabilities)	435-753-5353
Road Conditions	5-1-1
USU Aggie Shuttle (aggiebus.com)	435-797-3414

Welfare and Financial Services

Utah Department of Workforce Services (DWS)	866-435-7414
Social Security Administration (SSA) (Ogden)	877-378-9081
National	800-772-1213
Unemployment Insurance Center (Desempleo)	888-848-0688
Utah State Office of Recovery Services - Salt Lake (ORS)	801-536-8500
VITA (Volunteer Income Tax Assistance, Jan-Apr 15)	2-1-1

Last Update: November 2021

Please visit 211utah.org for the most current resource lists.

Utah 211 is the place to call if you need help or want to give help. Callers can be linked to resources available from health and human service programs throughout the state.